

LOTUS MOON WHEEL

*Created by Priestess, Moon Mother, Red Drum Leader
Heidi Ronquillo
-Purple Lotus Spiritual Healing, Inc*

A moon calendar is a circular calendar, also known as Moonwheels, or Moondials.

They used on a daily basis for tracking your cycle, self-understanding, personal growth, understanding your personal cycles, whether you are a menstruating person or not, such as if you are in your pre-menstrual (enchantress phase), menstrual (crone phase), pre-ovulation (maiden phase) and ovulation (mother phase) which represent the various emotional, physical, mental and spiritual in your cycle.

Knowing where you are in your cycle aids in planning various activities that correspond better to that phase, along with helping you manifest your goals better by planning and moving with your cycle, with your phases as opposed as against it which can be very draining.

Use this calendar to track your emotions, physical energy level, as well as jotting down notes and messages from spirit.

Wishing you a loving adventure with your cycle!

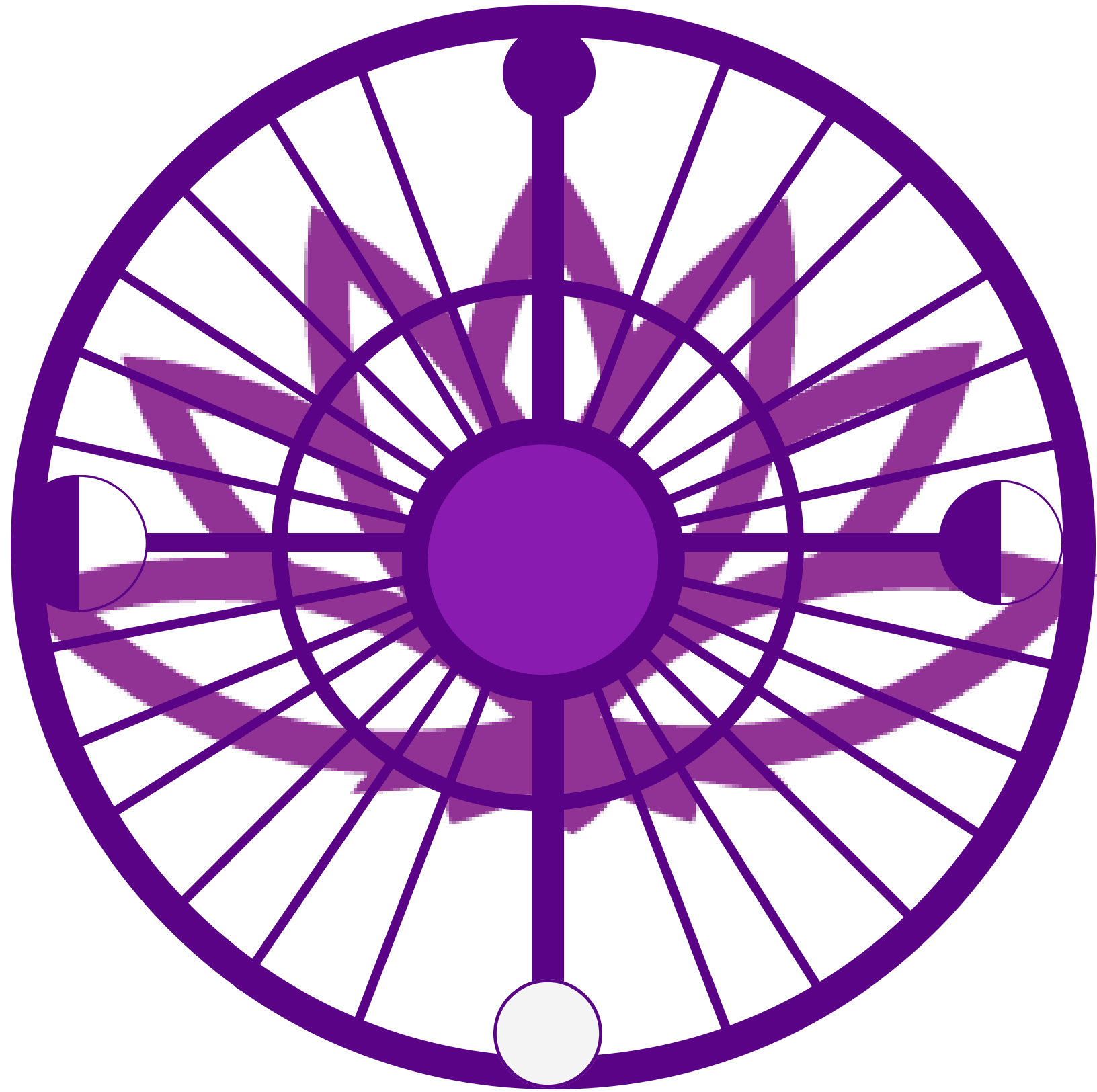
-Priestess, Moon Mother, Heidi Ronquillo



PRIESTESS, MOON MOTHER, HEIDI RONQUILLO
PURPLE LOTUS SPIRITUAL HEALING
www.purplelotusspiritualhealinginc.com

MOONWHEEL

Cycle Tracker



PRIESTESS, MOON MOTHER, HEIDI RONQUILLO
PURPLE LOTUS SPIRITUAL HEALING

www.purplelotusspiritualhealinginc.com